

# IASSIDD Academy Workshops

Part of IASSIDD's Europe Congress



In English. Please note that there will not be translation into Greek

**Tuesday July 17, 2018, 8:30-4:30 pm**

**National and Kapodistrian University of Athens, The Building of Rectorate, Panepistimiou Str. 30 , ATHENS, GREECE**

## **1: An Integrated approach to health and wellbeing of people with intellectual developmental disabilities across the lifespan (9.30am-12.30pm)**

The workshop will discuss an innovative approach to the health and wellbeing of people with IDD across the lifespan. It will reference the European funded programme ABLE and will include the lived experience of people with IDD in employment.

## **2: Recent Advances in the diagnosis and management of Autism in routine care (9.30am-12.30pm)**

The number of children and adults diagnosed with Autism Spectrum Disorder (ASD) has increased markedly in recent years. The workshop will 1. Discuss findings from diagnostic services and 2. Present evidence for current approaches to the management of mental disorders in people with ASD across the lifespan along the biopsychosocial continuum. 3. It will bring together experience of practitioners of service

## **3: Understanding Down syndrome (9.30am-12.30pm)**

Down syndrome (DS) is the commonest reason for intellectual disability. Our understanding of DS has increased in the past decade. The workshop will present information on 1. Memory services for people with DS; 2. Treatment of dementia in DS and 3. How to support families with a child or adult with DS.

## **4: Mental illness in people with intellectual disabilities (13.30-16.30pm)**

Diagnostic overshadowing has often prevented people with ID from getting the help they need for a mental disorder. This essential workshop will present information about current knowledge of prevalence rates of mental illness in people with IDD and through interactive case studies will enable participants to reflect on diagnostic dilemmas in clinical care.

### **5: Sexuality-Enabling Rights and Choices (13.30-16.30pm)**

This dynamic workshop teaches us ways to enhance the sexual rights and choices of people with intellectual disabilities. It challenges us to include sexuality-not ignore it, as we have often done in the past-as a normal human activity. You will learn ways to begin talking about sexuality, understand that changing community and family acceptance is essential to enabling sexual rights of people with disabilities. This is a workshop that is essential for all

### **6: Parent support and ID (13.30-16.30pm)**

Having a child with ID can be both inspiring and a challenge. Parents of children with ID are one of the most underserved in society. The workshop will discuss current approaches to helping parents of children with ID and what services can do to combat stigma and empower family carers.

